



INDIAN SCHOOL DARSAIT
EVS
COOKING FOOD & JOURNEY OF FOOD



SCIENTIFIC SKILL (E-1)

GRADE : III SEC :
Name:.....

Date :.....
Roll No:.....

I Who am I ?

1. I am a medicinal plant . My leaf juice is used to cure cough and cold.

Ans: _____

2. I am a medicine used to cure malaria and is obtained from Cinchona plant.

Ans: _____

II Number the following pictures in the correct order.











III. Write the name of each kitchen utensil below its picture using the help box.
(Sieve pan grinder masher spoon)





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IV Write the missing step in the making of moong seed sprout.

Soak moong seeds overnight

After a day moong seeds sprout. Add salt ,lemon juice and spices to it.

V Find out the names of different food items that we get from plants and colour them.

A	D	K	P	R	O	G
B	G	O	G	I	N	F
R	H	J	L	C	I	J
A	P	P	L	E	O	C
D	O	Q	B	K	N	A
I	L	H	F	W	H	R
S	G	I	N	G	E	R
H	M	G	Y	L	H	O
O	N	U	Z	G	K	T
P	K	O	X	B	L	O