



INDIAN SCHOOL DARSAIT  
ENVIRONMENTAL STUDIES  
HOW OUR BODY WORKS  
PRACTICE WORKSHEET



Class: II Sec: ....

Date:.....

Name:.....

Roll No:.....

I. Choose right word from the box and fill in the blanks:

( blood, muscles, breathe, living, trunk )

1. Lungs help us to \_\_\_\_\_.
2. Our body is a \_\_\_\_\_ machine.
3. Our heart pumps \_\_\_\_\_ to all parts of our body.
4. Our body is made of bones and \_\_\_\_\_.
5. An elephant's \_\_\_\_\_ has no bones.

II. Look at the picture given below and label it.



III. Write True or False.

1. The brain is inside our chest. \_\_\_\_\_
2. The stomach digests the food we eat. \_\_\_\_\_
3. Nose is an internal organ. \_\_\_\_\_
4. There are two lungs inside our chest. \_\_\_\_\_

IV. Answer the following.

1. How are bones and muscles useful for us?

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2. Name two internal organs found in the chest?

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V. Look at the following pictures. Circle and Colour the internal organs.

