



**INDIAN SCHOOL DARSAIT**  
**PSYCHOLOGY - WORKSHEET FOR PRACTICE**  
**CHAPTER 4 – PSYCHOLOGICAL DISORDERS**

S.No	Questions	Marks
1	What is the criteria to check the abnormality level?	1
2	What is agoraphobia ?	1
3	Name the four D's of abnormal behavior	1
4	What is the need to classify psychological disorder	1
5	Father of psychodynamic model is _____	1
6	Which instincts works on pleasure principal _____	1
7	Temporal association is associated with which learning style _____	1
8	DSM-4 evaluates the patient on _____ axis a) 5    b) 4    c) 6    d) 3	1
9	In which conditioning behavior is followed by a reward _____	1
10	What are the factors which cause abnormal behaviour? Name them Or Which factors are responsible for abnormal behavior?	1
11	Name the person who identified externalizing and internalizing behavioural disorder _____	1
12	Name the neurotransmitter responsible for Schizophrenia _____	1
13	What are the different models of abnormal behaviour ? Name them	1
14	Name the different type of classification of abnormal behavior Carl Jung was a/an a) Analytical Psychiatrist                      b) Analytical Psychologist c) Cognitive Psychiatrist                      d) Cognitive Psychologist	1
15	Removing the evil that resides in the individual through counter magic is called- a) Exorcism                      b) Exorcism                      c) Ecorcism                      d) Ecoxrism	1
16	Give the full form of the following: a) ICD                      b) GAD                      c) OCD                      d) PTS                      e) APA                      f) DSM g) SAD                      h) ADHD                      i) ODD	1 × 9
17	Who stated that –“How can I be substantial without casting a shadow? I must have dark side too if I am to be whole and by becoming conscious of my shadow I remember once more that I am a human being like any other” a) Carl Jung                      b) Freud                      c) Maslow                      d) Achenbach	1
18	What are the sub-types of schizophrenia	1
19	What is specific phobia?	1
20	Define the term Phobia	1

21	What are the features of dissociative disorder	1
22	Describe the features of anxiety disorder	1
23	Learning by imitating other's behaviour is kind of _____ learning.	1
24	What are the features of Somatoform disorder?	1
25	Explain alogia	1
26	Name some commonly abused substance	1
27	What is I.Q. ?	1
28	I.Q. range of profound person is from _____ to _____	1
29	Explain "deviation from social norms" approach of abnormal behavior	1
30	What are the three components of diathesis-stress model ?	1
31	Explain the following : a) Gustatory hallucination    b) Olfactory hallucination c) Tactile hallucination        d) Delusion of grandeur	1×4
32	Explain delusion of persecution	1
33	Explain the term disorder	1
34	Low activity of serotonin leads to _____	1
35	Name the neurotransmitter responsible for anxiety disorder _____	1
36	Explain catatonic rigidity	1
37	Name major depressive disorders	1
38	What do you understand by maladaptive behavior?	1
39	Explain Anxiety disorder	2
40	Give a brief view on historical background of abnormal behavior	2
41	Give a brief view on historical background of abnormal behavior	2
42	What is PDD	2
43	Explain the psychological model of abnormal behavior	2
44	What is abnormal behavior? Explain. Or What is the concept of abnormal behavior?	2
45	Describe mania.	2
46	Explain conduct disorder	2
47	Explain Paranoid schizophrenia	2
48	Define socio-cultural model of abnormality	2
49	Explain "deviation from social norms" approach of abnormal behavior	2
50	Explain development disorder	2
51	Explain the biological/organic approach of abnormal behavior	2
52	Explain bulimia nervosa	2
53	Explain hypochondriasis	2
54	Explain mood disorder	2
55	Explain catatonic stupor	2

56	Define ADHD	2
57	Explain depression	2
58	Explain panic disorder	2
59	Explain antisocial behavior	2
60	Explain GAD	2
61	Define autism	2
62	Explain anorexia nervosa	2
63	Explain Somatoform disorder	2
64	What is obsession? How it differs from compulsion?	2
65	Explain hallucination and how it differs from delusion	2
66	Explain dissociative disorder	2
67	Explain cognitive model of abnormal behavior	2
68	Explain conversion disorder	2
69	Explain Somatoform disorder	2
70	Explain schizophrenia	2
71	Explain the term Psychological disorder	2
72	Explain humanistic-exestiantial model of abnormality	2
73	Explain dissociative fugue	2
74	Explain proactive aggression	2
75	Explain dissociative amnesia	2
76	What are the symptoms of schizophrenia	2
77	What are the physical effect of alcohol on human body	2
78	Explain Manic depressive disorder OR What is bipolar mood disorder?	2
79	What is behavioural disorder?	2
80	Explain substance use disorder	2
81	What are the psychological effect of alcohol on human body.	2