



INDIAN SCHOOL DARSAIT
SAMPLE PAPER - 02
PSYCHOLOGY (037)



Class: XII

Date:

Max. Marks: 70

Time: 3hr

General Instructions

- All the questions are compulsory.
- Marks for each question are indicated against it.
- Answers should be brief and to the point.
- Questions No. 1 - 10 in Part A has Learning Checks (very short answer type) questions carrying 1 mark each. You are required to answer them as directed.
- Question No. 11 -16 in Part B are very short answer questions carrying 2 marks each. Answer to each question should not exceed 30 words.
- Question No. 17 - 20 in Part C are short answer type – I question carrying 3 marks each. Answer to each question should not exceed 60 words.
- Question No. 21 - 26 in Part D are short answer type – II questions carrying 4 marks each. Answer to each question should not exceed 100 words.
- Question No. 27 and 28 in Part E are long answer type questions carrying 6 marks each. Answer to each question should not exceed 200 words.

PART - A

1. The _____ approach considers intelligence as an aggregate of abilities. 1
2. Personality characterized by proneness to depression is classified as type _____ personality. 1
3. Personality traits of hardiness are control, commitment and _____. 1
4. Mood disorders in which both mania and depression are alternatively present is known as _____. 1
5. Repeated association of undesired response with an aversive consequence is called _____ conditioning. 1
6. Assigning causes to the behaviour shown in specific social situations is known as _____. 1
7. Binding or mutual attraction among members is referred to as _____. 1
8. Act of aggression meant to obtain a certain goal or object is known as _____ aggression. 1
9. Non-verbal acts in any talk are referred to as _____. 1
10. Ability to organize and monitor our own behaviour is known as _____. 1

PART - B

11. Explain the term giftedness. 2
12. Explain the term conflict. 2

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| 13. | What is self-actualisation ? | 2 |
| 14. | Explain the term ingroup. | 2 |
| 15. | What is the spiritual perspective of human environment relationship? | 2 |
| 16. | Explain the term empathy. | 2 |

PART - C

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| 17. | Explain bipolar mood disorder. | 3 |
| 18. | Discuss impression formation. | 3 |
| 19. | Explain three skills of communication. | 3 |
| 20. | Discuss the effect of noise on human behaviour. | 3 |

OR

Explain any three situational factors leading to aggression.

PART - D

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| 21. | Explain the humanistic approach to study personality. | 4 |
| 22. | Discuss Erikson's concept of identity crisis. | 4 |
| 23. | Describe any four techniques for managing stress. | 4 |
| 24. | Explain the nature of therapeutic relationship between the client and the therapist. | 4 |
| 25. | Explain any two strategies for handling prejudice. | 4 |
| | Describe any two strategies for resolving conflicts. | |
| 26. | OR | 4 |
| | Enumerate the two elements of group structure. | |

PART - E

Explain the term intelligence. Describe the triachic theory of intelligence.

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| 27. | OR | 6 |
| | Explain briefly the theory of multiple intelligences. | |
| | Explain the term dissociation. Discuss its various forms. | |
| 28. | OR | 6 |
| | Explain the diathesis model of abnormal behaviour giving examples from daily life. | |