



INDIAN SCHOOL DARSAIT  
SAMPLE PAPER - 02  
PSYCHOLOGY (037)



Class: XII

Date:

Max. Marks: 70

Time: 3hr

**General Instructions**

- All the questions are compulsory.
- Marks for each question are indicated against it.
- Answers should be brief and to the point.
- Questions No. 1 - 10 in Part A has Learning Checks (very short answer type) questions carrying 1 mark each. You are required to answer them as directed.
- Question No. 11 -16 in Part B are very short answer questions carrying 2 marks each. Answer to each question should not exceed 30 words.
- Question No. 17 - 20 in Part C are short answer type – I question carrying 3 marks each. Answer to each question should not exceed 60 words.
- Question No. 21 - 26 in Part D are short answer type – II questions carrying 4 marks each. Answer to each question should not exceed 100 words.
- Question No. 27 and 28 in Part E are long answer type questions carrying 6 marks each. Answer to each question should not exceed 200 words.

**PART - A**

1. The \_\_\_\_\_ approach considers intelligence as an aggregate of abilities. 1
2. Personality characterized by proneness to depression is classified as type \_\_\_\_\_ personality. 1
3. Personality traits of hardiness are control, commitment and \_\_\_\_\_. 1
4. Mood disorders in which both mania and depression are alternatively present is known as \_\_\_\_\_. 1
5. Repeated association of undesired response with an aversive consequence is called \_\_\_\_\_ conditioning. 1
6. Assigning causes to the behaviour shown in specific social situations is known as \_\_\_\_\_. 1
7. Binding or mutual attraction among members is referred to as \_\_\_\_\_. 1
8. Act of aggression meant to obtain a certain goal or object is known as \_\_\_\_\_ aggression. 1
9. Non-verbal acts in any talk are referred to as \_\_\_\_\_. 1
10. Ability to organize and monitor our own behaviour is known as \_\_\_\_\_. 1

**PART - B**

11. Explain the term giftedness. 2
12. Explain the term conflict. 2

13. What is self-actualisation ? 2
14. Explain the term ingroup. 2
15. What is the spiritual perspective of human environment relationship? 2
16. Explain the term empathy. 2

**PART - C**

17. Explain bipolar mood disorder. 3
18. Discuss impression formation. 3
19. Explain three skills of communication. 3
20. Discuss the effect of noise on human behaviour. 3

**OR**

Explain any three situational factors leading to aggression.

**PART - D**

21. Explain the humanistic approach to study personality. 4
22. Discuss Erikson's concept of identity crisis. 4
23. Describe any four techniques for managing stress. 4
24. Explain the nature of therapeutic relationship between the client and the therapist. 4
25. Explain any two strategies for handling prejudice. 4
- Describe any two strategies for resolving conflicts. 4
26. **OR** 4
- Enumerate the two elements of group structure.

**PART - E**

Explain the term intelligence. Describe the triachic theory of intelligence.

27. **OR** 6
- Explain briefly the theory of multiple intelligences.
- Explain the term dissociation. Discuss its various forms.
28. **OR** 6
- Explain the diathesis model of abnormal behaviour giving examples from daily life.