

COMMON PRE-BOARD EXAMINATION 2017-2018

PSYCHOLOGY

CLASS – XII

Time Allowed: 3Hours

Maximum Marks: 70

General Instructions

- 1 All questions are compulsory.
- 2 Answers should be brief and to the point.
- 3 Marks for each question are indicated against it.
- 4 Questions No.1-10 in Part – A are learning check type question carrying 1 mark each. You are required to answer them as directed.
- 5 Question No. 11-16 in Part—B are very short answer type questions carrying 2 marks each. Answer to each question should not exceed 30 words.
- 6 Questions No. 17-20 in Part—c are short answer Type I questions carrying 3 marks each. Answer to each question should not exceed 60 words.
- 7 Questions No.21-26 in Part—D are Short answer Type II questions carrying 4 marks each. Answer to each question should not exceed 100 words.
- 8 Questions No. 27-28 in Part-E are long type questions carrying 6 marks each. Answer to each question should not exceed 200 words.

PART – A

1. Sternberg’s notion of contextual intelligence is the product of _____. 1
 - A. Culture
 - B. heredity
 - C. environment
 - D. experiences
2. Delaying or deferring the gratification of needs for a period of time is known as? 1
 - A. Self-regulation
 - B. Self-control
 - C. Self esteem
 - D. Self-efficacy.

3. Stress inoculation training program was developed by _____. 1
4. Depression is due to high activity of serotonin. (True/False) 1
5. Learning by observing others, is used and through a process of rewarding small changes in behavior is known as _____. 1
6. Schemas that function in the form of categories are called as _____. 1
7. _____ refers to the socially defined expectations that individuals in a given situation are expected to fulfill. 1
8. Forceful destructive behavior towards another person or object is known as _____. 1
9. Restatement of the entire case content without changing its meaning is known as _____ 1
10. _____ composed of all those messages people exchange besides words in social interaction 1

PART – B

11. Differentiate the approaches of intelligence? 2
12. Explain personality theory of trigunas in detail? 2
13. What are eating disorders and explain various types of eating disorders? 2
14. What is unconditional positive regard in psychotherapy and what is its importance? 2
15. Differentiate the two social formations groups and teams? 2
16. Differentiate instrumental and hostile aggression? 2

PART – C

17. Explain All port's trait approach theory of personality? 3
18. Differentiate mania and bipolar mood disorders in detail? 3
19. What is prosocial behavior and factors responsible for prosocial behavior? 3
20. Explain the three views of Stokols on human environmental relationship? 3

PART – D

21. Explain various non directive techniques of personality assessment? 4
22. What is dissociation and explain various dissociative disorders in detail? 4
23. Explain various factors responsible for healing in process of psychotherapy? 4
24. Explain various sources of prejudice in detail? 4
25. Why do people join in groups? 4

(OR)

- What are the stages of group formation?
26. Explain the process of communication and its types? 4

PART – E

27. Explain simultaneous successive processing approach of JP Das on intelligence?

(OR)

Explain Sternberg's theory of intelligence in detail?

28. Explain various stress management techniques in detail?

(OR)

What are life skills and how they are helpful in overcoming stress in day to day life?